



NEBOSH Safety Simplified

3 Day Course

Aim

Providing an ideal introduction to health and safety. Aimed at anyone wishing to gain an understanding of how they can help ensure a safer working environment. Suitable for organisations of any size in any industry or sector. There are no entry requirements.

Objectives

Upon completion of Safety Simplified, learners will:

- understand the reasons for, and benefits of, managing health and safety
- recognise common workplace hazards
- understand how to help prevent incidents recurring
- appreciate the purpose of inspections and audits
- know how to undertake basic health and safety risk assessments and put in place appropriate control measures
- be able to help employers comply with the law and good practice and avoid the huge impact of incidents and ill- health.

Description

Safety Simplified is a new course created by NEBOSH, one of the world's leading and most recognised providers of health, safety and environmental qualifications. The emphasis is on giving learners the key information and helping them develop the practical skills they need to take ownership of health and safety, with an eye on the bigger picture: improving standards to help keep their colleagues and communities safe from harm. Learners will gain lots of practical hints and tips and will return to their workplaces with ideas and tools they can put into practice immediately. Using real-life case studies and harnessing the latest technology in the form of augmented reality (AR) this course offer learners an interactive and engaging learning experience.

Programme

Day 1

0900	Element 1: Making the case for health and safety Moral, legal and financial reasons and benefits for managing safely
1030	Tea and coffee
1045	Managing health and safety consistently well
1200	Lunch
1300	Element 2: Stopping incident and ill health before they happen

Risk assessment theory
Risk assessment in practice

- 1530 Tea and coffee
- 1545 Element 3: Stopping incidents from repeating themselves
Why investigating incidents makes sense
A simple four-stage approach to investigations
- 1700 Close

Day 2

- 0900 Recap of day 1
Element 4: Dealing with common workplace hazards
General Workplace Issues
Violence and aggression
Work-related Stress
- 1030 Tea and coffee
- 1045 Hazardous chemicals and substances
- 1200 Lunch
- 1300 Laptops and computers
Substance abuse
Electricity
- 1530 Tea and coffee
- 1545 Fire
- 1700 Close

Day 3

- 0900 Recap of day 2
Fire continued
Manual Handling
- 1030 Tea and coffee
- 1045 Noise and vibration
Work equipment
Work at height
- 1200 Lunch
- 1300 Workplace transport
- 1400 Element 5: Keeping an eye on how things are going
Ignoring the trivial and focusing on the important
Inspecting the workplace
Auditing – what, why and how
Learning from good and bad practice

1500	Tea and coffee
1530	Assessment paper
1600	Prepare for practical risk assessment
1700	Close

Certification

NEBOSH Safety Simplified Certification

Safety Simplified has two assessments:

- *Multi-format 30-minute examination at the end of the course*
- *Practical Risk Assessment in the workplace*

Learners must achieve a Pass in both units to be awarded the course certificate.

How do I book?

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